

Why didn't anyone ever tell me this?!?

Come learn "the WHOLE STORY" at our CULTURE OF LIFE DINNER

Saturday, November 6th, 2021 at 6pm Saint Mary Hall, 1749 Racine Ave NE, Solon, Iowa





Our Guest Speakers





Agápe FertilityCare
Executive Director of Johnson County Right to Life



Kari Beadner, FCP

Guiding Star Cycle Show National Coordinator
Ashwood FertilityCare Center
Founder and Former Executive Director of Guiding Star Orange City
Certified Labor Doula

Connect with us:

Website: www.solonstmary.org/culture-of-life.html

Email: COLsolonstmary@gmail.com

Facebook: Culture of Life at Saint Mary, Solon IA YouTube: Culture of Life at Saint Mary, Solon IA

Jamie Rathjen, MA, FCP

Board Chairwoman, The Guiding Star Project
Founder and Former Director of Guiding Star Cedar Valley
Co-Host of The Hormone Genius Podcast
Owner, FiatLiving

Register today!

(Childcare available for those who register in advance.)



Why a Culture of Life Dinner Event?

Q: What is the Culture of Life Event about?

A: It's an evening to promote and celebrate progress in advancing the mission to affirm, educate, and advocate God's plan for fertility and the value of human life. This year we were able to provide five scholarships to women and couples for Creighton Method education through local *FertilityCare* practitioners. We sponsored the very first Cycle Show presentation in the area for seven local youth with parent presentation in August. We continue to look for candidates desiring to be trained in the Creighton Model professional education programs at the Saint Paul VI Institute, whom we can support with grants. We have a lot to celebrate, with much work still ahead of us!

Q: What is the CREIGHTON MODEL FertilityCareTM System (CrMS)?

A: CrMS is a safe, effective, scientifically based, and morally acceptable method of fertility awareness and family planning. It utilizes the observation and charting of biological markers to indicate the times in a woman's cycle when she is naturally fertile or infertile. Couples can then use this information to either help achieve or avoid pregnancy with great accuracy and without negative side effects. This method is also able to help diagnose serious medical conditions that are often masked by chemical or mechanical contraceptive methods. CrMS is applicable at any stage of a woman's reproductive life.

Q: How many pro-life doctors do I have to choose from in the Eastern Iowa area?

A: There are three life-affirming doctors in our area who do not prescribe or refer for sterilization, abortion or chemical/mechanical contraceptives for any reason: Robert Pranger, MD of Waterloo; Sheryl Hansel, MD of Cedar Falls; and Monica Minjeur, DO of Cedar Rapids. All are graduates of the *FertilityCare* Medical Consultant and NaProTECHNOLOGYTM program at the Saint Paul VI Institute.

Q: Where can I learn more about this method of women's health care?

A: The Saint Paul VI Institute for the Study of Human Reproduction website is www.popepaulvi.com. Women now have an opportunity to understand and address the causes of infertility and the symptoms from which they suffer, thanks to the women's health science of NaProTECHNOLOGYTM

Q: My son and his wife are not Catholic...can non-Catholics use this CrMS health science?

A: Yes! Many practitioners are non-Catholic and teach the CrMS to their clients. Even students of varying cultures and countries come to Saint Paul VI Institute in Omaha, NE to bring this method back to their homeland. We affirm the ability to learn and understand your health and fertility as a right; it is not limited by denomination, religion, culture or country of origin.

Q: Where can I register for this event?

A: Just click on the QR code on the other side of this flier, or visit solonstmary.org and look for the Culture of Life event banner. (Childcare is available to those who register in advance.)

Q: I'm interested in learning more about women's health through fertility awareness based methods (FABMs). Is there any assistance available for individuals and couples?

A: YES! Our Culture of Life team will continue supporting educational grants to the Saint Paul VI Institute, as they are critical to our mission by educating new practitioners and medical consultants. Additionally, we have expanded our funding to include scholarships to aid those who would like to receive individual/couple consultation in FABMs. We are always expanding our offerings to fund seminars, classes and workshops in our area. Keep connected for updates.