



## A Prayer to the Sacred Hearts of Jesus & Mary

Most holy Hearts of Jesus and Mary,  
 united in perfect love,  
 as you look upon us with mercy and caring,  
 we consecrate our hearts, our lives, our family to you.

We know the beautiful example of your home in Nazareth  
 was meant to be a model for each of our families.  
 We hope to have, with your help,  
 the unity and strong, enduring love you gave to one another.

May our children's homes be filled with joy.  
 May sincere affection, patience,  
 tolerance and mutual respect be freely given to all.  
 May all of our prayers be filled with the needs of others,  
 and may we always be close to your sacraments.

May peace be among us  
 and when we are tested,  
 grant us the Christian acceptance of God's will.  
 Keep our families close to your Hearts;  
 may your special protection be with us always.  
 Most Sacred Hearts of Jesus and Mary,  
 hear our prayer. Amen

## Joyful Mysteries

- The Annunciation of Gabriel to Mary (Luke 1:26-38)  
*May they always humbly seek to do the will of God in their lives*
- The Visitation of Mary to Elizabeth (Luke 1:39-56)  
*May their love for neighbor come before their love for self*
- The Birth of Our Lord (Luke 2:1-21)  
*May they always seek they things of heaven, not of earth*
- The Presentation of Our Lord (Luke 2:22-38)  
*May they always trust and follow the ways of the Lord*
- The Finding of Our Lord in the Temple (Luke 2:41-52)  
*May they know they joy of having you in their lives*



## Luminous Mysteries

- The Baptism of Our Lord in the River Jordan (Matthew 3:13-16)  
*May they always be open to the Holy Spirit and his gifts*
- The Wedding at Cana, when Christ manifested Himself (Jn 2:1-11)  
*May they turn to Mary, their Mother, asking her to lead them to her son*
- The Proclamation of the Kingdom of God (Mark 1:14-15)  
*May they repent from the ways of the world and turn to the ways of God*
- The Transfiguration of Our Lord (Matthew 17:1-8)  
*May they desire and seek holiness in their lives*
- The Last Supper, when Our Lord gave us the Holy Eucharist (Mt 26)  
*May they adore you and love you in your Eucharistic presence*

## Sorrowful Mysteries

- The Agony of Our Lord in the Garden (Matthew 26:36-56)  
*May they avoid temptations and have sorrow for their sins*
- Our Lord is Scourged at the Pillar (Matthew 27:26)  
*May stay pure of heart, mind, body, and soul*
- Our Lord is Crowned with Thorns (Matthew 27:27-31)  
*May they have the courage to do and say what is right*
- Our Lord Carries the Cross to Calvary (Matthew 27:32)  
*May they have patience and faithfully endure the crosses in their lives*
- The Crucifixion of Our Lord (Matthew 27:33-56)  
*May they have perseverance in faith in times of anxiety and doubt*

## Glorious Mysteries

- The Glorious Resurrection of Our Lord (John 20:1-29)  
*May their faith in your ways grow*
- The Ascension of Our Lord (Luke 24:36-53)  
*May their hope in your promises grow*
- The Descent of the Holy Spirit at Pentecost (Acts 2:1-41)  
*May their love and friendship with you grow*
- The Assumption of Mary into Heaven  
*May they have the grace of a happy and holy death*
- The Coronation of Mary as Queen of Heaven and Earth  
*May they always turn to Mary and trust in her prayers for them*



St. Gerard, Great protector of the family, we ask your prayers for all parents, that they may receive the grace to live in the love of God and bring up their children to know and love him with all their hearts.

God, our loving Father, your love gives life to the world. Bless and make holy all human love,

especially the life-giving love of husband and wife. May your love fill the hearts and homes of all families, so that the world may enjoy the peace and happiness promised by your Son, Our Lord Jesus Christ.



Infant Jesus and Mary our Mother, we come before you to place our grandchildren in your protective arms. Shield them from the evil spirits and the worldliness that is all about them.

O, Jesus, we plead with you to grant them the graces to know their vocation you have chosen

for them and the graces for them to follow it.

Send their guardian angels to protect them always. St. Joseph, guide them. St. Anne, Grandmother of the Infant Jesus, watch over our grandchildren. We thank you. Amen.

Dear St. Ann,  
You were truly twice blessed  
To have our blessed Mother  
As your daughter  
And Jesus our Savior  
As your grandson.



Take care of my family,  
My children, and their children.  
Inspire them all  
To follow your Grandson  
And lead truly Christian lives.

Keep all of us  
In your loving care,  
Never let us turn away from Jesus,  
And help us in the end  
To receive the joy  
Of entering into your Grandsons'  
Glorious presence forever.

Good St. Ann pray for us grandparents. Amen



### **Grandparents Prayer to Saint Ann and Saint Joachim**

Good Saint Ann and Saint Joachim, parents of Mary and grandparents to Jesus, be with me and all grandparents that we may be wise and loving, may share our time and stories and sense of humor, and may enjoy and not spoil too much the grandchildren who are close to our hearts, for they are the sign of God's life to us.

Jesus, Mary and Joseph, be with our grandchildren and all other grandchildren that they may love and respect their grandparents and all older people, may remember to call, visit or write, and grow in wisdom, age and grace before God. Amen.



## A Prayer to the Holy Family

O dear Jesus,  
I humbly implore You to  
grant Your special graces  
to our family. May our  
homes be shrines of peace,  
purity, love, and faith.  
I beg You, dear Jesus, to  
protect and bless all of us,  
absent and present, living  
and dead.

O Mary,  
loving Mother of Jesus,  
and our Mother, pray to Jesus for our family,  
for all the families of the world,  
to guard the cradle of the newborn,  
the schools of the young and their vocations.

Blessed Saint Joseph,  
holy guardian of Jesus and Mary, assist us by  
your prayers in all the necessities of life.  
Ask of Jesus that special grace which He granted  
to you, to watch over our home  
at the pillow of the sick and the dying,  
so that with Mary and with you,  
heaven may find our family unbroken  
in the Sacred Heart of Jesus.  
Amen.

Heavenly Father,  
you have given us the model of life  
in the Holy Family of Nazareth.  
Help us, O Loving Father,  
to make our families another Nazareth  
where love, peace and joy reign.

Help us to stay together in joy  
and sorrow through family prayer.  
Teach us to see Jesus in the members of our families,  
especially in their distressing disguise.  
May the Eucharistic heart of Jesus  
make our hearts humble like his and help us to carry  
out our family duties in a holy way.

May we love one another  
as God loves each one of us,  
more and more each day,  
and forgive each other's faults  
as you forgive our sins.  
Help us, O Loving Father,  
to take whatever you give  
and give whatever you take with a big smile.

Immaculate Heart of Mary,  
cause of our joy, pray for us.

St. Joseph, pray for us.

Holy Guardian Angels,  
be always with us,  
guide and protect us.

Amen.

*In the words of Mother Theresa*