

God wants your attention. Everyone else can wait.

We can get so busy and worn out by the tasks at hand with work, home and activities, It becomes easy to get off track and start going through the motions. Jesus offers a better way. Rediscover his plan and purpose for your life. Let Jesus give you a renewed sense of purpose and direction, of hope and peace.



frequently asked QUESTIONS

When is it? *The retreat begins at 7:30pm on Friday and ends by 1:00pm on Sunday. All meals provided.*

Where is it? *The retreat takes place at St. Mary, Solon in our parish hall, retreat center and church*

Who should attend? *Anyone 18 or older, who wishes to grow in their relationship with God, understanding of our Catholic Faith and wants an opportunity to reflect on: who am I and where is my life headed?*

What happens on the weekend? *There will be a variety of presentations by parishioners, our deacons and Fr. Tim; conversation, prayer and silent reflection. Expect good fellowship, food and fun.*

Will I have to share? *You are free to share as much or as little as your are comfortable with. You and your needs will always be respected.*

What will be expected of me after the retreat? *There is no small print. There are no follow-up commitments. The weekend is for you to pause, examine the path your life is taking, rediscover the depths of God's love for you, his plan for your life, and get the tools to more fully embrace that life.*

And Jesus said
to his disciples

*Come away with me
to a deserted place
and rest awhile*



WOMEN'S weekend February 10-12

60+ Women participated in 2016. Their feedback:

*This was a first class retreat—
I LOVED how loved and appreciated I felt*

The new friends I met are amazing. I will forever be grateful for this opportunity. Thank You

I highly recommend this weekend

This entire experience was exceptional!

It was truly an overwhelming, powerful, engaging weekend. Amazing Experience. Thank You.

Overall the best retreat I've ever been to.

Everything seemed like it was meant to serve us so we didn't have to worry about anything.

It was a very much needed retreat. A very blessed weekend—that I will always remember and cherish.

Keep them coming. There are so many still out there who need to hear the messages of this retreat and the rest of us would profit from repetition.

The weekend was wonderful to get away from the everyday events in life. It was a blessing to be in God's time and listen to him talk thru the speakers.

MEN'S weekend February 17-19

45+ Men participated in 2016. Their feedback:

JOB WELL DONE! The weekend was just what I needed. Speakers shared great stories.

I am so thankful that I said yes to this experience. You'll have a great challenge topping this next year.

There should be a warning that you will gain weight! It was done very well. Speakers did a wonderful job

Fantastic experience! I wouldn't change a thing.

I enjoyed the weekend— it was laid back, fun and serious. New friends, great food, perfect length.

Thank you for doing this—good mix of talks.

The retreat was done very well. The right amount of speaking, prayer time and fellowship time. This weekend was just what I needed for my faith.

I would sign up again. Speakers were very good: on a personal level, interesting and able to relate to.

Great experience! The whole weekend was excellent. Great speakers. Great food. Nothing to change.

A tremendous opportunity to develop a personal connection to Jesus— awesome.

register online: www.solonstmary.org

OR return the form below to St. Mary Church, 1749 Racine Ave NE, Solon, IA 52333

Name: _____ **Women's** ___ **Men's** ___

Email: _____ **Phone:** _____

Address: _____ **City:** _____

Emergency Contact: _____ **Phone:** _____

Contact's Email: _____

Health or Dietary Needs: _____

Cost of weekend is \$40/person. Please include payment with your registration.

No one is turned away—let us know if cost is a hardship