

Interests/Talents/Skills

= Currently Involved & want to continue
= Interested in Joining

Community Service

- Iowa City Free Lunch Program
- Coordinate Care Center Giving Tree
- Solon Food Pantry
- Salvation Army Soup Kitchen
- Helping Senior Citizens in the Solon area with Transportation Needs

Other Talents/Skills I Want to Share

- Baking
 - Sewing
 - Photography
 - Hospitality
 - Graphic Arts
 - Technology/Software/Apps
 - Social Media Expertise
 - Computer Setup or Repair
 - Yard work/Gardening/Landscaping
 - Other (please specify talents or skills you would like to share): _____
- Cooking
 - Event Planning
 - Videographer

Handyman/Handywoman:

- Misc Jobs at the Rectory
- Carpentry
- Electrical
- Plumbing
- Painting

Times you are available:

Days _____ Evenings _____ Weekends _____

Help on Your Journey

How Can WE Help YOU?

= Select Areas of Interest/Need

Spiritual Growth

I am interested in...

- Bible Study
- Men's or Women's Group
- Parish Men and Women's Conferences
- Parish Men and Women's Retreats
- Area Retreat Opportunities
- Lenten Study Group
- Advent Study Group
- Learning about: _____

Relationships

I am interested in...

- Marriage Enrichment Opportunities
- Marriage Encounter Retreat Weekend
- Parenting Classes for _____ young children _____ teens
- Other _____

Finances

I am interested in...

- Financial Peace University Classes
- The Legacy Journey Classes

Social/Fraternal/Service Opportunities

I am interested in...

- Mom's Group
- L.I.F.T. (Retired Women's Fellowship Group)
- Young Adult Group
- Knights of Columbus
- Catholic Foresters

Daily Needs

I need help with...

- Transportation to Mass or Parking
- Running Errands/Getting to Appts.
- Communion Brought to me at Home
- Someone to Visit Me

Stewardship Prayer

God my Creator, you made me all that I am and gave me all that I have.

Help me show my gratitude by using these gifts to serve others in your name.

Jesus my Redeemer, you taught me the way to eternal life by your example of loving service to others.

Grant me the courage to respond to your call to Discipleship by following in your footsteps.

Holy Spirit of God, be with me as I choose each day to put you first in my life. Let me be a model of Christian Stewardship so others will come to know you through my actions.

I pray that you will help all of us to joyfully accept your challenge to be good stewards.

*** Completion of Safe Environment Training as prescribed by the diocese is required**

St. Mary Catholic Church
1749 Racine Ave. NE
Solon, IA 52333

Phone: 319-624-2228
Fax: 319-624-3264
www.solonstmary.org



St. Mary Catholic Church

Time and Talent Commitment Form



"As each one has received a gift, use it to serve one another as good stewards of God's varied grace." I Peter 4:10

First and Last Name

Street Address No Change

City State Zip

Telephone (home)

Telephone (cell)

Email

Occupation

I usually attend ____ 5:00 ____ 8:30 ____ 10:30 Mass

Time

Spending Time With God In Prayer

Prayer is the beginning of stewardship. Only when we spend time with God in prayer are we spiritually prepared to offer ourselves in service to others.

Consider some of the ways listed below that you can grow spiritually. Make a personal commitment for the upcoming year to include a few new things in your life that will help you grow in your relationship with Christ.

- ◆ Attend Mass on Sundays and on Holy Days
- ◆ Attend a weekday Mass
- ◆ Spend time in Adoration of the Blessed Sacrament Mon. Night or Friday morning
- ◆ Pray together with my family
- ◆ Discuss our Catholic faith with children
- ◆ Read the Bible more often
- ◆ Spend 15 minutes a day in prayer
- ◆ Pray the rosary
- ◆ Go to confession more frequently
- ◆ Attend an adult faith learning class
- ◆ Join a men's/women's prayer group
- ◆ Attend a conference or retreat
- ◆ Spend extra time with spouse each day
- ◆ Listen to Catholic radio
- ◆ Invite a friend or acquaintance to Mass
- ◆ Pray for requests on church prayer line
 - Check here if you would like to receive prayer line requests via email

Talent

Using My Talents In Parish Ministries

Refer to the *Ministry Catalog* for a description of each of the ministries listed below.

Any commitments made are for one year.

= Currently Involved & want to continue
= Interested in Joining

Liturgy

- Commission Member
- Greeter
- Usher
- Lector
- Gift Bearers
- Altar Server: 4th grade and older
- Eucharistic Minister
- *Bring Communion to Homebound
- Sacristan (help with Mass preparation; 30 min. before Mass)
- Organ/Piano/Guitar
- Other instrument: _____
- Cantor/Song leader
- Adult Choir
- Youth Choir
- Church Environment
- Eucharistic Adoration
- RCIA Team Member
- RCIA Sponsor
- Rosary Leader

Helping Hands

- Circle Leader
- Coordinate or help with:
 - ___ Cookie Walk ___ Sacramental Receptions
- Funeral Lunch Worker
- Scholarship Committee
- Care Center Bingo

Talent

= Currently Involved & want to continue
= Interested in Joining

Church Life

- Commission Member
- Welcoming Committee
- Chili Supper
- Games at Parish Events
- Neighborhood Picnic Host
- Neighborhood Picnic Chair/Table Setup
- Open Houses
- Picture Directory
- Special Receptions

Family Life

- Commission Member
- Meals for Moms
- *Childcare in the Nursery
 - ___ during 10:30 mass (6x/year)
 - ___ K-4 Family Faith Gatherings on Sunday mornings (1x/month)
 - ___ other events/occasions
- Book Fair Helper
- Group Facilitator for Financial Peace University
- Young Families Parent Advisory Group

Social Justice and Peace

- Commission Member
- Pro-Life Activities/Awareness
- Mentoring Those on Probation
- Advocacy: Receive Emails
- Blood Drive/Donor
- Assist Parish Nurse

Talent

= Currently Involved & want to continue
= Interested in Joining

Faith Formation

- Commission Member
- K-4 Grade Family Faith Gatherings
 - ___ food prep/serving ___ set-up
 - ___ greeting ___ clean-up
 - ___ childcare ___ material prep
- *5-6-7th Grade Mentor
- *8-9th Confirmation Facilitator
- *Journey with Jesus (Children's Liturgy)
- *Vacation Bible School
 - ___ crafts ___ games
 - ___ storytelling ___ registration
 - ___ decorating ___ photo/snack
 - ___ opening celebration
 - ___ material prep at home
- Small Group Leader for Adult Study
- *Pre-K Sunday School (leader or assist.)
- Parish Library
- Parish Event Team for:
 - ___ men's conference ___ men's retreat
 - ___ women's conf. ___ women's retreat
 - ___ speaking events
 - ___ Parish Lenten Mission

Additional Opportunities

- Stewardship Team
- Harvest Festival Committee
- Newsletter: Gather info., Write Articles
- Event Set-Up/Take-Down (tables/chairs)
- Hall Decorating (VBS, Christmas)
- Food Prep at Events
- Kitchen Help at Events
- Cemetery/Church Grounds Clean-up
- Adopt-A-Garden (planting, weeding @ church, pollination garden)
- Office Work
 - ___ mailings ___ data entry
 - ___ money counter
- Calling/Emailing